

# Safe Care Family Visitation

## SafeCare Fact Sheet for DFCS Staff

### What is SafeCare?

- SafeCare is an evidence-based, in-home parenting-training curriculum for parents who are at risk of or have been reported for child maltreatment.
- SafeCare is delivered in the home or community setting for 18-20 weeks.
- SafeCare is intended for families with at least one child age 0-5.
- SafeCare includes 3 Modules:
  - **Parent-Child Interaction / Parent-Infant Interaction**—Teaches positive child parent interaction through structured activities or daily routines.
  - **Health Module**—Teaches parent to identify and respond appropriately to illness and prevent medical neglect.
  - **Safety**—Teaches parents to identify and remove hazards to prevent accidents or injury within the home.
- SafeCare also teaches a structured problem solving technique to assist parents with finding solutions to life challenges that may affect parenting.

### What Families Should Be Referred?

Families with:

- Children age 0-5
- Open Neglect Case or History of Neglect
- Lack of Resources / Impoverished
- Lack of Social Support
- Deficit in Knowledge of Effective Parenting Strategies
- Adolescent Parents
- Parents in Active Treatment or a History of Substance Abuse
- Young Parents with Multiple Births
- First Time Parents
- New Foster Parents or Relative Placements

### What Families are NOT Appropriate for SafeCare?

- Diagnosed with severe intellectual disabilities
  - Diagnosed with Autism
  - Diagnosed with Oppositional Defiant Disorder
  - Medically Fragile
- *Research has shown that parents of children 0-5 that participate in SafeCare are 30% less likely to be referred or re-referred to DFCS for child maltreatment.*
- *DFCS Caseworkers receive weekly updates on the case including standardized assessments and case management notes.*

**Children First, Inc has been granted PSSF funding to provide SafeCare Services to 20 families during Fiscal Year 2011-2012. To refer a family for SafeCare Services, simply complete the SafeCare Initial Referral Form and return it to [christian@childrenfirst-inc.org](mailto:christian@childrenfirst-inc.org) or by fax at 706-316-3616.**